



Newsletter

June 1997

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The Fourth Annual Founder's Day Celebration Workout

Once again we will have our workout on the campus of Carthage College on July 12, 1997. See the map on page 5 for directions to the college. Park near the Physical Education Building. Please read Dick Bruno's article regarding times.



- b. To maintain a membership roster.
 - c. To maintain a file of all correspondence with the association.
6. Duties of the Treasurer
- a. To maintain accurate records for collection of dues, fees and disbursement of expenses.
 - b. To submit a periodic financial report to the Board of Directors.

Article VII

Certificates and Dues

1. The Yin Yang Do Karate Association shall prepare certificates of rank which shall be used by all schools within the association and issued only to registered members.
2. Each student will be assessed a lifetime membership fee which will include one patch and one certificate. This fee will be determined by the Board of Directors.
3. Promotion certification will be issued at a fee determined by the Board of Directors.

Article VIII

Promotions

1. Student progress shall be judged on the following subjects:
 - a. Character and attitude.
 - b. Knowledge of Karate history.
 - c. Perfection of fundamental stances, blocks, strikes and kicks.
 - d. Mastery of the authentic Karate forms as prescribed by the Board of Directors.
 - e. Knowledge and application of techniques.
 - f. Length of time in Karate practice.
 - g. Development of control, precision, power, speed and form.
 - h. Teaching ability and assistance rendered to others.
2. Students should be recommended for promotion by the Sensei.
3. Individual Senseis will be allowed to rank a student within two grades of their rank. No student can attain a higher rank than his/her Sensei.

Article IX

Rank Designation

1. The following student ranks are from the lowest to the highest rank as they would appear on the certificates.

White	8 th Kyu	Hachikyu
Yellow	7 th Kyu	Shichikyu
Green	6 th Kyu	Rokykyu
Blue	5 th Kyu	Gokyu
Purple	4 th Kyu	Yonkyu
Brown	3 rd Kyu	Sankyu
Brown	2 nd Kyu	Nikyu
Brown	1 st Kyu	Ikkyu
Black	1 st degree	Shodan
Black	2 nd degree	Nidan
Black	3 rd degree	Sandan
Black	4 th degree	Yodan
Black	5 th degree	Godan
Black or Red & White	6 th degree	Roqudan
Black or Red & White	7 th degree	Shichidan
Black or Red & White	8 th degree	Hachidan
Red	9 th degree	Kudan
Red	10 th degree	Judan

Requirements for rank

Yellow belt (Schichikyu)

Basic stances, blocks, punches, strikes and kicks

Kata: Omoto Ten, Karumpha, Geri Wasa 1 & 2, Taisu 1

Green Belt (Rokkyu)

Kata: Shorei Mege, Neko Buto Ich, Pinan Ich, National Dance

Gaki Sei, Tai Chi Gedan

Geri Wasa 3 & 4, Taisu 2

Open and closed hand tension wazas

Blue Belt (Gokyu)

Kogeckis 1 through 7

Kata: Neko Buto 2 & 3, Saifi, Neko Buto 12, Stick Kata

Geri wasa 5

Purple Belt (Yonkyu)

Kata: Neko Buto 4 & 5, Pinan 4 & 5, Anaku

Geri Wasa 6 & 7, Taisu 3 & 4

Brown Belt (Sankyu, Nikyu & Ikkyu)

Kata: Basai Dai, Naifunchin, Seenchin

Gerei Wasa 8, 9 & 10, Taisu 5 & 10

Black Belt (Shodan)

Kata: No Hi, Tensho, Kan Ku Sho, Nandan Sho

Black Belt (Nidan)

Kata: Go Pei Sho, Sei Pai, Dan Enn Sho

Article X

Disciplinary Action

1. Any member of the organization may be expelled, suspended, subject to probation or otherwise disciplined by the Board of Directors for any of the following reasons:
 - a. Malicious or disloyal utterances or acts against the association.
 - b. Violation of any of the provisions of the constitution of this association.
 - c. Conduct un-becoming a Karate-Ka, which does not fulfill the true spirit or purpose of this association.
 - d. Committing a felony.

Upon receipt of a complaint against an individual the Board of Directors may appoint an investigating board, and charge them with the responsibility of conducting a hearing. The final decision in all cases will be with the Board of Directors, after consideration of the investigating board recommendation. No member may be disciplined without the benefit of a hearing. Only a senior Black Belt member or the Board of Directors can suspend any other member for any reason listed above, until a hearing for the accused can be arranged.

Article XI

Establishment of Schools

1. Any member who desires to establish a commercial school, open to the public, must first make their intention known to the Board of Directors requesting their recommendation.

Article XII

Amendments

1. This constitution may be amended by a majority of a vote in the presence of a quorum.

